



# News

Good Water, Naturally!

# SPRING 2024



# PER- AND POLYFLUOROALKYL SUBSTANCES (PFAS)

PFAS describes a group of synthetic chemicals that since the 1940's have been used to manufacture a wide range of products from non-stick cookware to packaging materials.

There are thousands of PFAS in this group, but they all share some common characteristic, one being that they do not break down in the environment, hence their nickname forever chemicals. PFAS are literally everywhere, and as they aren't broken down, they bioaccumulate as you are exposed to them. Consumption of seafood that have bioaccumulated the chemicals, as they do mercury or other

toxins is one exposure pathway, but studies show that nearly all Americans have measurable amounts in their blood.

Since they have been found to leach into groundwater from a spill or other release, their prevelence in the ground is being studied. The WA State Dept. of Health has initiated a program to understand the status of contamination and we recently had our water sources analyzed. We are pleased to report that the lab did not detect any presence of PFAS in our source water.

If you are concerned as you travel, the best methods to reduce PFAS in drinking water would be activated carbon or reverse osmosis.

Visit www.lfpwd.org/water for more info about PFAS and our water quality in general.



District commissioners and general manager with Brian Saunders, this year's recipient of the Water Protector Award.

# 2023 LFPWD WATER PROTECTOR AWARD

The 2023 award was presented to Brian Saunders "In Recognition of your Efforts to Protect the Environment through Education and Action"

Brian Saunders is a Biology instructor at Shoreline and North Seattle College, and brings his expertise in this field to the community that he grew up in. He is a member of the LFP Stewardship Foundation, active with Stream Keepers and until recently was a member of the LFPWD Advisory Committee. His interest in conservation and understanding of sciences made his contributions to the outreach of LFPWD invaluable. Brian's talents as an instructor were appreciated with the 4th grade science unit on water that LFPWD is privileged to teach at the local elementary school. His efforts have gone a long way toward improving the community's appreciation for, and protection of the wonderful natural resources that we enjoy in LFP, especially our water.

Congratulations Brian! Your continuing engagement, leadership and advocacy for protection of our community's resources are important, exemplary and inspirational.

# **POSITIONS OPEN ON ADVISORY COMMITTEE**

Our work consists of monthly meetings where we discuss opportunities to engage in We had our kick-off event last educating the public about our Aquifer and the water it provides us without requiring treatment. We do events such as the Plant Exchange, STEM Festival, Picnic in the Park, and many other events all decided collaboratively with the Advisory Committee.

To become an ADCOM member is an incredible opportunity to learn about this resource, help to protect it, and bring this knowledge to the people of our city.

ADCOM membership does not require any previous experience within public utilities. Residents 16 years or older within the District's service area / corporate boundary or within the District's Critical Aquifer Recharge Area (CARA) is all that's needed. Terms are for one year.

Come be a part of our team! Armand Micheline (ADCOM member)

ADCOM Info

#### ANNUAL PLANT EXCHANGE

weekend, and are now in full swing with our plant exchange.

There are a number of new

varieties that we have stocked in our yard, and you just never know what someone will bring in. Check out the details on our website, or stop by and see us.



## **BOARD MEETINGS**

Our Commissioner Board meetings are held the 4th Tuesday of the month at 6 PM. Meeting agendas and call in information if needed is posted on the District's website at least 24 hours prior to the meeting.

# **PAPERLESS BILLING**

Many of you are signed up to receive your statements electronically by email. If you haven't gone paperless yet, go to www.lfpwd.org/ paperless/ or scan the QR code.

Some of our customers have had their water bill end up in their junk folder. To help avoid this, **please add "ebilling@lfpwd.org"** to your address book.

You will see a bill at the beginning of every odd numbered month and the balance is due at the end of that month.





Coast Black Gooseberry, *Ribes divaricatum*Native along the western coast, a thorny plant creates a a habitat for birds with edible and medicinal berries!

#### WATER CONSERVATION

The District encourages planting of **native species**. These plants require less water and reduce garden chemicals as they are acclimated to grow in the local environment. Now is a great time to plant native species. Plants have a much easier time acclimating this time of year and let nature do the watering! We have a number of natives in our **Plant Exchange** program. (Visit our office or see our website for more info.)

See a full list of potential species at www.wnps.org, the Washington Native Plant Society website.

# **Water Saving Tips**

- Upgrade your faucets and showerheads to Watersense models.
- Water your lawn in the early morning to minimize evaporation.
- One faucet dripping every second adds up to five gallons a day. Fix your drips!
- Upgrade to a smart irrigation system that factors in local weather.

# **IMPROVEMENTS**

# McKINNON CREEK PUMPHOUSE PROJECT

Our new pump facility building is now substantially complete and we expect to bring the new infrastructure online next month. As the second phase of this project, this replaces and upgrades our existing building and allows for a consolidation of control functions, increased pump capacity for greater fire flow in the district, better water quality monitoring, and increased instrumentation.

This project results in a major upgrade for the primary wellfield and distribution hub for the water district that will serve us well into the future.





## **BEST TASTING WATER DECALS!**

Support your Water District at your business, home or on your car window. Contact us at the office and we will get you your 'Best Tasting Water' vinyl decal.

You are receiving this Newsletter because you are either a District customer, reside within our Wellhead Protection Area or are within our corporate boundaries.



## MISSION

"Lake Forest Park Water District strives to provide high quality water, sourced from our local aquifer, at the lowest reasonable cost, while investing in our infrastructure and maintaining the highest level of customer service."

#### **GENERAL MANAGER**

- Alan Kerley
  COMMISSIONERS
- David Hammond: Treasurer
- Bill Donahue: Secretary
- Eli Zehner: President

#### **CONTACT INFORMATION**

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